

# POLWHELE FENCING CODE OF CONDUCT

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## PERSONAL SAFETY RULES

**Your** safety is of paramount importance.

To that end the following **should be adhered to at all times:**

In all instances you are advised that great care **must** be taken when picking up or putting down weapons. They **must never** be waved around.

If you have a rest from fencing you must put your weapon in the store area. Rules for collecting and returning weapons **must be obeyed.**

## COLLECTING KIT

In group sessions, your coach will issue and collect the weapons. However, under some circumstances, your coach may instruct you to collect your own weapons from the portable store. Go **one person at a time**

**Before collecting a weapon** check that the jacket you have selected has no holes or tears, has a method of fastening that works and that it is a reasonable fit.

Girls must also ensure chest protectors are in place.

Check that the mask you have selected has no rust, has no major dents, is not broken in any way and that it fits properly. If you are uncertain, ask.

**Before you collect a weapon put your mask on** – using both hands to do so.

Ensure that a non-electric foil blade has a plastic button covering the point.

Walk away from the weapon store **carrying the weapon point down.**

You must **keep your mask on when holding a weapon** unless the fencing coach instructs you otherwise. If you have a question or any doubts regarding safety, ask the coach in charge.

## RETURNING KIT

When returning kit go to the store **one person at a time**

**Keep your mask on until you have returned your weapons to the store**

Carefully replace your weapon in the weapon store area you took it from.

Replace the jacket and mask in the store you collected it from.

Either place your weapon on the floor and use **BOTH HANDS** to put your mask on or to remove your mask, or use one hand and keep your point toward the ground.

## CONDUCT IN THE FENCING HALL

Approach the piste with care and **always carry weapons point down.**

**Never** cross the floor / piste between people fencing.

**Walk! Do not run!** Keep a safe distance from fencing.

**Never** cross blades with anyone unless you are both wearing masks, fencing jackets, gloves and under jacket plastrons. No ball games allowed in the fencing hall.

## **POLWHELE'S CODE OF CONDUCT: FENCER AGREEMENT**

As a Polwhele Fencer, I agree to:

1. Abide by the Safety Rules as set out above

NAME:

SIGNATURE OF FENCER:

DATE:

\*NAME OF PARENT/GUARDIAN/CARER:

\*SIGNATURE OF PARENT/GUARDIAN/CARER:

DATE:

\*Required if under-18